

ABOUT MARATHON HEALTH

Marathon Health is a non-profit, charity organisation that delivers health services to regional Australia.

Marathon Health is focusing on core areas of health and wellbeing including:

- Aboriginal Health including Care Coordination and Supplementary Services, Closing The Gap - Improving Indigenous Access to Mainstream Primary Care, and Coonamble Family Wellbeing Program
- After Hours GP clinics at Bathurst and Dubbo Base Hospitals
- Allied and Primary Health Care services such as Dietetics, Diabetes Education, Speech Pathology, Primary Health Care Nursing, Occupational Therapy, Podiatry and Allied Health Assistance
- Disability Service such as the Stronger Together 2 program (ST2)
- Mental Health services such as Access to Allied Psychological Services, Mental Health Services in Rural and Remote Areas, Partners in Recovery and headspace
- Specialist services through the Rural Health Outreach Fund, Healthy Ears, Better Hearing, Bettering Listening, and the Indigenous Chronic Disease Program such as Coonamble, Dubbo, Kelso and Wellington Clinics



BATHURST OFFICE

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DUBBO OFFICE

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www.marathonhealth.com.au



STRONGER TOGETHER TWO (ST2)

DISABILITY SERVICES



www.marathonhealth.com.au

What is the Stronger Together Two program?

This program has been funded by the NSW Government Ageing, Disability and Home Care Department (ADHC), to provide services for people with a disability from 0 to 65 years living at home, with family, carer or on their own. The disabilities are a vast range from intellectual to physical.

The main outcome of the Stronger Together Two (ST2) program is to help the clients and their families be independent and knowledgeable about mainstream services and continue to be able to support and live as comfortably and independently as possible to enable the clients to stay at home.

Your Support and Capacity Development Coordinators are:

Karen Weatherall

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Kathryn Webber

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Chad Parkes

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What does a Support and Capacity Development Coordinator do?

Referrals for the ST2 Program are made through ADHC, please contact the Information, Referral and Intake team on 1300 134 450.

Family members, a person with a disability or a worker from another service can contact ADHC to discuss eligibility for a referral.

The Support and Capacity Development Coordinator will assist with:

- Person and centred planning
- Links and integration to the mainstream community
- Ongoing self-management through the services system
- Advocacy when dealing with service providers
- Information and referrals to access available funding and resources
- Support and linking carers to support groups
- And the list goes on...