

ABOUT MARATHON HEALTH

Marathon Health is a non-profit, charity organisation that delivers health services to regional Australia.

Marathon Health is focusing on core areas of health and wellbeing including:

- Aboriginal Health including Care Coordination and Supplementary Services, Closing The Gap - Improving Indigenous Access to Mainstream Primary Care, and Coonamble Family Wellbeing Program
- After Hours GP clinics at Bathurst and Dubbo Base Hospitals
- Allied Health services such as Dietetics, Diabetes Education, Speech Pathology, Primary Health Care Nurses, Occupational Therapists, Podiatrist and Allied Health Assistants
- Disability Service such as the Stronger Together 2 program (ST2)
- Mental Health services such as Access to Allied Psychological Services, Mental Health Services in Rural and Remote Areas, Partners in Recovery and headspace
- Specialist services through the Rural Health Outreach Fund, Healthy Ears, Better Hearing, Better Listening, and the Indigenous Chronic Disease Program such as Kelso, Dubbo and Wellington Clinics.



BATHURST OFFICE

265 Durham Street

PO Box 175 | Bathurst NSW 2795

T 02 6333 2800 | F 02 6332 6648

DUBBO OFFICE

106 Talbragar Street

PO Box 1834 | Dubbo NSW 2830

T 02 6826 5200 | F 02 6884 0198

www.marathonhealth.com.au

This service is funded by:

phn
WESTERN NSW

An Australian Government Initiative



Allied Health





Want to learn more about MAXI KIDS?

Contact Marathon Health:

phone: 6826 5200

Join us for a fun filled six week program that
will support your child's development.

What is Maxi Kids?

The Maxi Kids program is a six week health promotion program developed by an Occupational Therapist for children aged between 3 and 7 Years old.

The aim of the program is to help parents and carers to spend relaxed, quality time with their children in an environment that promotes learning and development.

Through informal play therapy, the program helps parents and facilitators to discover the child's strengths and weaker areas as well as effectively contribute to various areas of childhood development

What will Maxi Kids cover?

- Gross motor skills
- Fine motor skills
- Visual perceptual skills
- Auditory skills
- Body image
- Social skills
- Nutrition

