

ABOUT MARATHON HEALTH

Marathon Health is a non-profit, charity organisation that delivers health services to regional Australia.

Marathon Health is focusing on core areas of health and wellbeing including:

- Aboriginal Health including Care Coordination and Supplementary Services, Closing The Gap - Improving Indigenous Access to Mainstream Primary Care, and Coonamble Family Wellbeing Program
- After Hours GP clinics at Bathurst and Dubbo Base Hospitals
- Allied and Primary Health Care services such as Dietetics, Diabetes Education, Speech Pathology, Primary Health Care Nursing, Occupational Therapy, Podiatry and Allied Health Assistance
- Disability Service such as the Stronger Together 2 program (ST2)
- Mental Health services such as Access to Allied Psychological Services, Mental Health Services in Rural and Remote Areas, Partners in Recovery and headspace
- Specialist services through the Rural Health Outreach Fund, Healthy Ears, Better Hearing, Better Listening, and the Indigenous Chronic Disease Program such as Coonamble, Dubbo, Kelso and Wellington Clinics

Active Lorikeets developed by Gippsland Lakes Community Health, program implemented by Marathon Health



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phn
WESTERN NSW

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marathon
health

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EARLY INTERVENTION FOR PRESCHOOL AND KINDERGARTEN CHILDREN



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What is Active Lorikeets?

It is a school readiness group program for preschool and kindergarten children. The program targets children who have mild difficulties in developing their speech, language and fine motor skills.

This program is for children requiring extra therapy help, who do not have an existing diagnosis or access other funding or support services.

Children can be referred to the Early Intervention team by parents, health professionals and educators. The team will then determine if this program is suitable for your child.



Original image courtesy of Early Childhood Center Speech & Language

Active Lorikeets Preschool or Kindergarten skills groups

- Children who are identified as requiring both speech pathology and occupational therapy have a screening assessment.
- Child is linked into the weekly or fortnightly groups if deemed suitable for the program.
- Children attend the groups at their preschool or day care centre
- Groups run in eight week blocks during the school term.
- There is no charge to attend these groups.

What therapy options are available?

After your child has been screened by the Speech Pathologist, Occupational Therapist or Allied Health Assistant these therapy options may be offered:

- **Home programs** based on the screening results, an individual program is developed.
- **Group Programs** focused on providing speech and fine motor development activities. These structured groups are delivered by Allied Health Assistants under the guidance of a Speech Pathologist or Occupational Therapist
- **Individual programs** developed by the Speech Pathologist or Occupational Therapist and delivered by an Allied Health Assistant.
- **Strategies and information** for teachers or parents through information sessions.
- **Referrals** for children requiring one to one intervention.



Original image courtesy of Early Childhood Center Speech & Language

For more information on Active Lorikeets contact:

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