

BOWEL CANCER

Primary Health Services

Did you know that bowel cancer is the second most common type of newly diagnosed cancer in Australia ?

Marathon Health is targeting rural communities to promote early detection and screening of bowel cancer.

Who is at risk of bowel cancer?

- If you are over 50 years of age
- If you smoke
- If you drink more than 2 standard drinks of alcohol a day
- If you have a diet high in fats and refined carbohydrates

Why is it important to test for bowel cancer?

Early detection is crucial for bowel cancer. Currently less than 40% of bowel cancers are detected in time due to lack of awareness and screening.

One in 12 people will develop bowel cancer in their lifetime.

Who is eligible to receive a ColoVantage Home Kit?

Men or women **over 50 years of age** who have not previously completed a bowel screen test.

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About ColoVantage Home Kits

In the privacy of your own home, the user collects **two samples of toilet bowl water** that are stored and protected on the patented Test Card.

The convenient, **easy-to-use** patented brush is **non-invasive** meaning you never have to touch sample specimens.

Once you have completed the sample, simply post it through the mail (postage paid envelope provided) to the lab for processing. Pathology results will be sent to your nominated GP for follow up care. A Marathon Health Primary Health Care Nurse will provide telephone support to assist you both through the screening process and in receiving any follow-up care that you may require.

ColoVantage uses advanced scientific techniques to detect small amounts of bleeding in bowel movements, which may be an indication of colorectal disease (including bowel polyps).

For further information or collect a kit, contact your local Primary Health Care Nurse:

Coolah and Dunedoo
0419 748 265

**Gilgandra and
Gulargambone**
6880 5945

**All other rural towns contact the
Dubbo office on 6826 5200**

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 **health**

ColoVantage 
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