

DIABETES EDUCATION SERVICES

Available at our Dubbo and Orange Clinic

Diabetes Educators can help you with advice and support if you have

- Type 1 Diabetes
- Type 2 Diabetes
- Pre-diabetes
- Pregnancy and Diabetes
- Gestational Diabetes
- A new diagnosis

Or if you need help with:

- Starting insulin and making adjustments
- Blood Glucose Monitoring
- Continuous Glucose Monitoring

How Much Does a Diabetes Education Session Cost?

Initial: \$105 Review: \$70 (July 2017).

You may be entitled to a reimbursement from Medicare if you have a Chronic Disease Management referral from your doctor.

To book an appointment please call

02 6826 5274

Clinic locations:

Orange

73 Dalton St,
Orange 2800

Dubbo

106 Talbragar St,
Dubbo 2830



www.marathonhealth.com.au

Rebates for Diabetes Education

Under the Australian Medicare system you may be entitled to a rebate for this Diabetes Educator service. A Credentialed Diabetes Educator has a provider number allowing a person with a Chronic Disease Management (CDM) referral from their GP to obtain a rebate for education services.

To obtain a CDM referral you will need to make an appointment to discuss with your GP.

Group education sessions for people with Type 2 Diabetes also attract a Medicare rebate. Group education has been shown to be very successful in supporting people with Type 2 diabetes to improve diabetes knowledge and self management skills and we are very happy to be able to provide access to this form of education.

Private Health Insurance with Extra Covers

If you have extras covered under your private health insurance, this may provide a rebate for Diabetes Education Services.

Ring your insurance company in advance to check what they cover (Medibank Private covers diabetes education under alternative therapies).

Private health extras cover podiatry, dietetics, exercise physiotherapy and many more allied health services, useful for a person with diabetes.

Please bring the following to the appointment:

- All blood glucose meters from home – even if broken/ not working (as these can be upgraded by the meter company).
- Your blood glucose diary.
- A list of medications you are currently taking (including any vitamins or complementary medicines).
- Any equipment you may use such as your insulin pen and needles.
- Your National Diabetes Services Scheme card (if you have one).