



ACCESS TO ALLIED PSYCHOLOGICAL SERVICES (ATAPS)

ATAPS provides access to
FREE & CONFIDENTIAL short-term,
focussed psychology services.

This program is for people who are
low income earners and are suffering
from **MILD to MODERATE mental
health** issues (including anxiety
& depression)

Your GP can assist you in accessing the
ATAPS service and complete a Referral
& Mental Health Treatment Plan.

For more information contact the
**Access to Allied Psychological
Services Information Line on
02 6826 5271**

**This program is NOT an urgent
Service. If you need urgent assistance,
please contact the Mental Health Line:
1800 011 511**

How the program works:

- ATAPS provides access to short-term focused psychological strategies from a mental health provider.
- After 6 sessions, your GP will review your Mental Health Treatment Plan (MHTP) if further sessions are requested.
- 12 sessions are available in a calendar year (a further 6 sessions are available in exceptional circumstances).

How do I access ATAPS?

- You will need to book an appointment with your GP. It may help to ask for a longer appointment to ensure you have time to talk about your current situation.
- Your GP will complete a Referral & Mental Health Treatment Plan.
- Once the referral has been accepted your local provider will contact you to arrange an appointment time.

For further information speak to:

- Your GP
- ATAPS Information Line: **02 6826 5271**
- Or visit our website:
www.marathonhealth.com.au



265 Durham St
PO Box 175 | BATHURST NSW 2795
T 02 6333 2800 F 02 6332 6648

106 Talbragar Street
PO Box 1834 | DUBBO NSW 2830
T 02 6826 5200 F 02 6884 0198