



headspace Dubbo stands together in Purple Pride

XXX August 2017 – In celebration of Wear it Purple this Friday, the team at **headspace** Dubbo will be hosting a free sausage sizzle in support of the young Lesbian, Gay, Bisexual, Transgender, Questioning and Asexual (LGBTIQA+) Dubbo community.

Wear it Purple was founded in 2010 as a day of support and acceptance of the LGBTIQA+ community across the world. Christina Rodgers, **headspace** Dubbo Youth Access and Awareness worker, says awareness days such as Wear it Purple are important as the young LGBTIQA+ community are at a higher risk of experiencing mental health concerns.

“The **headspace** demographic of 12-25 years is a critical time of development for young people as they discover who they are. We believe we need to create supportive communities who nurture our rainbow young people and show them that they are safe and accepted,” Rodgers continues.

headspace Dubbo invites the community to join them in enjoying a free sausage sizzle and help them to ensure Dubbo is a welcoming and progressive regional city.

Event details:

- 11am – 1pm, Friday 25th August
- The Rotunda, Church Street, Dubbo
- Community members welcome and encouraged to dress in purple

For more information about this event or if you are a young person with something going, please contact the **headspace** Dubbo team on 5852 1900, drop into the centre at 23 Church Street, Dubbo or visit their [Facebook page](#).

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About headspace:

Marathon Health is the lead consortium partner for **headspace** Bathurst, Cowra, Orange and Dubbo.

The primary focus of **headspace** is the mental health and wellbeing of young Australians. **headspace** helps 12 – 25 year olds going through a tough time through a national network of over 95 **headspace** centres. **headspace** also offers online and telephone counselling services through **eheadspace**. **headspace** can help young people with general health, mental health, education and employment and alcohol and other drug services. **headspace** was established by the Australian Government in 2006. From 1st July 2016, **headspace** centres across Australia are now managed by Primary Health Networks. Primary Health Network's receive funding from the Australian Government to support **headspace** centres. Visit headspace.org.au to find a **headspace** centre or access help.

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