

ABOUT MARATHON HEALTH

Marathon Health strives to achieve equity in access and quality of health and wellbeing for regional, rural and remote communities. At the core of achieving this is a commitment to collaborate with community members, service providers and policy makers to design customised and responsive services, drawing on the strengths of all involved to optimise the effective and efficient delivery of health and wellness services.

Marathon Health's workforce has been living and working in regional NSW for over 20 years. We have learned to work closely with existing services across the spectrum of social determinants of health and seek to augment and integrate rather than compete or duplicate.

Marathon Health is proud to enable and deliver culturally accessible health services for our Aboriginal and Torres Strait Islander communities.

The breadth of our expertise covers a range of health, social and community services which are the fabric of a strong, sustainable, progressive and holistically well society:

- Integrated and coordinated service delivery across providers
- Allied health including audiologists, dietitians, occupational therapists, psychologists, speech pathologists
- Chronic disease education, screening, prevention and management
- Mental Health
 - Youth and adolescent (including four head-space centres)
 - Mild to moderate
 - Severe and persistent
- Childhood development early intervention
- Aboriginal family wellbeing
- Support and advocacy for people with disabilities
- After Hours support services including GP clinics
- Rural outreach specialist services
- Aged Care support and Integration with primary health care.



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TELEHEALTH



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What is Telehealth?

Telehealth is the use of telecommunication technologies to provide and support outreaching health care clinics, patient and professional health education, and health administration.

A consultation via Telehealth is an appointment between the patient and one or more clinicians via video conference.

All Telehealth consults are private, confidential and adhere to the same clinical standards as face-to-face consultations done in General Practice.

Consults work with existing services to enhance program capacity and outcomes.

Marathon Health has a dedicated Telehealth Officer who is responsible for implementation and technical support. They will assist with setting up the service, software and ongoing support.

Marathon Health currently provides a range of health services via Telehealth such as

- Diabetes Education
- Dietetics
- Paediatric Speech Pathology
- Smoking Cessation
- Paediatric Occupational Therapy

Clinician **Telehealth** **Participant**



Benefits of Telehealth

Telehealth can provide:

- Equitable health service delivery for people in rural and remote areas.
- Increased appointment frequency due to reduced travel times for clinicians.
- Reduced waiting times for patients.
- Reduced travel costs.
- And ultimately, better patient outcomes.

Services provided via Telehealth

- Patient to Clinician Consult
- Clinician to Clinician Consult
- Non-Clinical Services such as Education, Case Conferencing and Meetings
- Care giver/parent to Clinician

IT Requirements

- Computer equipment with video conferencing capability such as a laptop, tablet or desktop with web cam
- Suitable internet connection
- Administrative support

The Marathon Health Telehealth Officer can conduct the required testing and reviews to assess whether your facilities and technology are capable of supporting Telehealth or whether you are eligible to access the Marathon Health Telehealth Equipment Loan Pool.