

Justine's passion recognised

17 July 2019

On Friday, Justine – 25-year-old Ngunnawal woman, was awarded Trainee of the Year at the Queanbeyan-Palerang Regional NAIDOC Awards.

Justine joined Marathon Health in October 2018 as a trainee and hard-working all-rounder at headspace Queanbeyan; whilst also studying her Certificate III in Community Services.

Through her leadership and passion, Justine has identified ways to support headspace Queanbeyan to work with Aboriginal clients in a culturally appropriate manner. Since commencing her work with headspace Queanbeyan, Justine has instigated and implemented a number of culturally appropriate services such as a young women's Yarning Circle.

Julie Blunden, Portfolio Manager of Health Services – ACT & SENSW said Justine has been an asset to the company from the very start.

"From interview until now, I have been delighted to watch Justine develop her skills, and progress through her studies with enthusiasm and a genuine willingness to learn. All of us at Marathon Health are proud of Justine's achievements and this award is well deserved."

Justine's initiatives have created safe spaces for young Aboriginal women to access headspace Queanbeyan services, she is an incredible young person, and role model.

-ENDS-

About headspace

headspace is the National Youth Mental Health Foundation providing early intervention mental health services to 12-25 year olds. headspace has 108 centres across Australia in metropolitan, regional and remote areas, as well as online and phone support services through eheadspace. headspace can help young people with mental health, physical health (including sexual health) alcohol and other drug services, and work and study support. Centre details, as well as factsheets and resources for young people and their families and friends, can be located on the headspace website: headspace.org.au

About Marathon Health

Marathon Health is a not-for-profit charity and NDIS provider, delivering high quality health and wellbeing services for county Australians. We are one of the largest providers of **headspace** services in Australia, with centres located in Bathurst, Canberra, Dubbo, Orange and Queanbeyan, and satellite services in Cowra and Lithgow.



