

Media release



On Friday we wear Purple

27th August 2018 – Empowering and celebrating our rainbow community has always been a priority for **headspace** Orange and this Wear it Purple Day is no exception.

Born out of the need to recognise and respect sexual identity and diversity, Wear it Purple calls on communities across the world to wear purple and come together in support and love of our LGBTIQ+ friends, colleagues and family members.

Sharna Lord, **headspace** Orange Community Engagement Officer believes it's important to celebrate LGBTIQ+ centric awareness days to create communities that encourage young people to thrive regardless of sexuality or gender identity.

"**headspace** Orange is always committed to the wellbeing of our rainbow young people, and we can never turn down an opportunity to celebrate the diversity within our community."

To promote Wear it Purple, the team have organised a purple party, complete with a selfie station and lolly table.

"We have organised the Purple Party in conjunction with our LGBTIQ+ social group, Kaleidoscope, who were eager to coordinate an event that the whole community could be a part of," Sharna continued.

Wear it Purple began in 2010 in response to welfare concerns of young LGBTIQ+ people who were experiencing bullying and harassment. The movement seeks change outdated and harmful behaviour and encourages everyone to celebrate diversity and be proud of who they are.

The Purple Party will be held at the **headspace** Orange on Wednesday 29th August at 4:30pm. Everyone is welcome.

For more information about the event or if you are a young person with something going on, please visit www.headspace.org.au/headspace-centres/orange/, drop into the centre at 264 Peisley Street or call 6369 9300.

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About headspace:

Marathon Health is the lead agency for **headspace** centres in Bathurst, Orange, Dubbo, Canberra and Queanbeyan with a satellite service in Cowra. The primary focus of **headspace** is the mental health and wellbeing of young Australians. **headspace** helps 12 – 25 year olds going through a tough time through a national network of over 100 **headspace** centres. **headspace** also offers online and telephone counselling services through **eheadspace**. **headspace** can help young people with general health, mental health, education and employment and alcohol and other drug services. **headspace** was established by the Australian Government in 2006. From 1st July 2016, **headspace** centres across Australia are now managed by Primary Health Networks. Primary Health Network's receive funding from the Australian Government to support **headspace** centres. Visit headspace.org.au to find a **headspace** centre or access help.

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