Resources for Professionals

There are many resources available to support Advance Care Planning and the completion of Advance Care Directives. Resources range widely from clinical evaluation of Advance Care Planning procedures through to videos showing best practice for commencing conversations with patients/clients. As many professionals may have an interest in a range of professional areas, this document provides a variety of resources, with a brief commentary outlining the content of each.

A hyperlinked version of this information can be found at marathonhealth.com.au/partnersinplanning, for ease of access to online resources.

The document contains resources for general professional interest, followed by sections for specific professional areas.

This document was created in July 2019 and is subject to change.

General Professional Interest

(1) The Advance Care Planning Australia website provides some tools for starting conversations. This page links onto a series of pages with questions that relate to their Be Open, Be Ready, Be Heard message.

https://www.advancecareplanning.org.au/for-family-friends-carers/how-do-i-start-the-conversation

(2) Advance Care Planning Australia provides a 5-step procedure for Advance Care Planning conversations that can ensure that a well sequenced and comprehensive approach might be taken.

https://www.advancecareplanning.org.au/docs/default-source/DA-Resource-Library/linkages-project/5-5-step-general-planning-conversation.pdf

(3) Advance Care Planning is only one aspect of planning for the future. To ensure that broader considerations are planned for the NSW Government provides webpages on planning ahead.

https://planningaheadtools.com.au/advance-care-planning/

Advance Care Planning Australia produces some double-sided PDF factsheets on Advance Care Planning for various people who are part of the planning process.

(4) For care workers
https://www.advancecareplanning.org.au/docs/default-source/acpa-resource-library/acpa-fact-sheets/acpa_care-worker-factsheet-online_aug2018.pdf?sfvrsn=20

(5) For general practice
https://www.advancecareplanning.org.au/docs/default-source/acpa-resource-library/acpa-fact-sheets/acp-gps-fact-sheet.pdf?sfvrsn=14

For Solicitors

(26) Legal Aid NSW: Speaking for Myself. A webpage for the public providing a review of Advance Care Planning and Directives, their nature and implementation.

https://www.legalaid.nsw.gov.au/publications/factsheets-and-resources/speaking-for-myself/decisions-about-my-health

(27) (28) NSW Government Trustee and Guardian provides information on the role of Enduring Guardian.

https://www.tag.nsw.gov.au/what-is-an-enduring-guardian.html
https://www.tag.nsw.gov.au/enduring-guardian-faqs.html

(29) This link from COTA NSW (Council on the Ageing) explains the differences and hierarchies of persons responsible including Enduring Guardians.

https://www.cotansw.com.au/council-on-the-ageing-nsw-news-and-events-details/next-of-kin-person-responsible-and-enduring-guardian-who-has-the-power

(30) The Legal Toolkit provides practical information about the law at end of life for the aged care sector. It contains useful resources on end of life legal issues commonly encountered in aged care to help you to know the law and to support your practice.

https://www.eldac.com.au/tabid/4902/Default.aspx

(31) NSW Government Health provides a guide to legal issues relating to End of Life Care decisions which can provide challenges to health care professionals. Their website provides further information and acts as a guide.

http://healthlaw.planningaheadtools.com.au/seeking-legal-advice/

For Faith Leaders

(32) (33) Advance Care Planning Talk Provide documents listed by denomination or cultural group.

https://www.acptalk.com.au/
https://www.acptalk.com.au/religious-and-cultural-resources.html

(34) Garrido, M. et al (2013) Pathways From Religion to Advance Care Planning: Beliefs About Control Over Length of Life and End-of-Life Values, the Gerontologist.

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3771671/

(6) For healthcare professionals
https://www.advancecareplanning.org.au/docs/default-source/acpa-resource-library/acpa-fact-sheets/acpa_healthcare-professionals-factsheet-online_aug2018.pdf?sfvrsn=19

(7) For individuals and family
https://www.advancecareplanning.org.au/docs/default-source/acpa-resource-library/acpa-fact-sheets/acpa_individuals-factsheet-online_aug2018.pdf?sfvrsn=18

(8) For substitute decision makers (Persons Responsible and Enduring Guardians)
https://www.advancecareplanning.org.au/docs/default-source/acpa-resource-library/acpa-fact-sheets/acpa_sdm-factsheet-online_aug2018.pdf?sfvrsn=16

(9) The Health and Wellbeing Research Cluster, Southern Cross University provide a A Guide to Advance End-of-Life Care Planning For Gay, Lesbian, Bisexual, Transgender & Intersex People.

http://cartwrightconsultingaustralia.com.au/library/respect%20my%20decisions%20ITS%20MY%20RIGHT%20-%20May%202011.pdf

(10) (11) Advance Care Planning for Aboriginal and Torres Strait Islander Peoples.

https://www.advancecareplanning.org.au/docs/default-source/acpa-resource-library/acpa-publications/aboriginal_torres_strait_islander_advance_care_planning.pdf?sfvrsn=2

https://www.health.gov.au/internet/main/publishing.nsf/Content/4BA0E8B093C5CFB0CA258270007C2D14/$File/DOH_PC013_A4%20Brochure_DOH%20WEBSITE_Aboriginal&TorresStraitIslander_digita....pdf

(12) Australian Government. Australian Digital Health Agency. Advance Care Planning and My Health Record.

https://www.nqphn.com.au/wp-content/uploads/2017/03/MyHR-Advanced-Care-Factsheet.pdf

For Medical Professionals, Allied Health and Aged Care Facilities

(13) Scott, I. et al (2013) Difficult but necessary conversations — the case for advance care planning in the Medical Journal of Australia provides details of the status of Advance Care Planning in Australia including strategies for overcoming challenges to implementation.

https://www.mja.com.au/journal/2013/199/10/difficult-necessary-conversations-case-advance-care-planning

(14) MIRECC, the education arm of the US Veteran's Affairs Department provides a YouTube video showing a role play of an End of Life Care scenario. Scott's journal entry above indicates that there is sometimes a reluctance or difficulty speaking frankly but compassionately about death. This video provides a strategy for having such discussions.

https://www.youtube.com/watch?v=JtkgTzCSzqk&t=723s

(15) Georgia Geriatric Education has produced a video showing a real-life scenario of a patient needing to be guided through Advance Care Planning questions by her doctor. The video has a voiceover providing additional information about the process.

https://www.youtube.com/watch?v=7ZlV3zMcICg

(16) Advance Care Planning provides a resource centre for starting conversations on Advance Care Planning. This includes guidelines and conversation starters.

https://www.advancecareplanning.org.au/for-health-and-care-workers/beginning-the-conversation

(17) Advance Care Planning Australia. Guide for Aboriginal and Torres Strait Islander peoples from the Advance Care Planning Australia website.

https://www.advancecareplanning.org.au/docs/default-source/acpa-resource-library/acpa-publications/taking-control-of-your-health-journey.pdf

(18) Shanley, C. (2004) Although written in 2004, this paper outlines some of the specific opportunities for nursing staff in the Advance Care Planning role.

http://www.ajan.com.au/Vol21/Vol21.3-5.pdf

(19) (20) The Royal Australian College of General Practitioners provides a statement about Advance Care Planning for GPs. It also provides a set of subsequent links to other recommended resources.

https://www.racgp.org.au/FSDEDEV/media/documents/RACGP/Position%20statements/Advance-care-planning-should-be-incorporated-into-routine-general-practice.pdf

https://www.racgp.org.au/running-a-practice/practice-resources/practice-tools/advance-care-planning

(21) The Australian Medical Association has a Position Statement regarding Advance Care Planning.

https://ama.com.au/system/tdf/documents/AMA_position_statement_on_end_of_life_care_and_advance_care_planning_2014.pdf?file=1&type=node&id=40573

(22) The University of Sydney with the Cognitive Decline Partnership and Hammond Care. Advance Care Planning for people diagnosed with dementia or other forms of cognitive decline.

https://sydney.edu.au/medicine/cdpc/documents/resources/J000606_CDPC_report2015Final_WEB.pdf

(23) NSW Health Produces a document on Advance Care Planning for people with mental illness.

https://www.health.nsw.gov.au/patients/acp/Publications/comprehensive-guide.pdf

(24) The Advance Project™ is a practical, toolkit and training package, designed to support Australian general practices to implement a team-based approach to Advance Care Planning (ACP).

https://www.theadvanceproject.com.au

(25) Advance Care Planning Australia. Advance Care Planning in Aged Care: A guide to support implementation in community and residential settings.

https://www.advancecareplanning.org.au/docs/default-source/acpa-resource-library/acpa-publications/advance-care-planning-in-aged-care-implementation-guide.pdf