

OT Driver Assessments

Driving is often an important part of someone's life, making them feel independent and connected to their community and family. However, driving is a complex task that can be disrupted by illness, injury or age-related changes.

With a Marathon Health driver trained occupational therapist, your fitness to drive is determined on an individual level, with focus on functional status rather than diagnosis.

What do driver assessors do?

As driver assessors, we can:

- Conduct comprehensive off-road driver assessments (including screening vision, physical ability and cognition)
- Conduct safe and legal on-road assessment procedures, working in collaboration with a driving instructor
- Determine the impact of medical condition, injury, disability or age-related changes on driving performance
- · Provide recommendations about fitness to drive

- Prescribe vehicle modifications or assistive technologies where suitable
- Determine capacity for rehabilitation and coordinate a driving rehabilitation programme where suitable
- Work within NSW and national legislation, license authority guidelines, and third-party funding body guidelines to achieve safe and legal driving where possible and withdrawal driving where required

Who's eligible?

Driver assessments are typically required if you:

- Need specialised driving techniques and tools, such as, customised seating, vehicle modifications and ergonomics, safe driving techniques and driving endurance
- Have a condition that affects ability to drive, such as, physical injury, brain injury, illness, disability, stroke, or mental health conditions.

More information



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Marathon Health is a not-for-profit, registered charity delivering high quality health and wellbeing services to people wherever they choose to live.