

PERSONAL SAFETY AND DE-ESCALATION WORKSHOP

Personal safety and de-escalation aims to prevent and reduce the level of conflict between people. It does this by focusing on the verbal, behavioural and psychological strategies that drive interactions.



What this workshop covers:

- What is personal safety and de-escalation
- Risk and dangerousness
- Understanding and managing risk
- Managing the risk setting
- Assessing the threat
- Risk assessment process
- Communication blocks
- Signalling non-aggression
- Strategies for defusing a situation

About the trainer

Tim Carr, Marathon Health Training and Engagement Officer, has 12 years of experience in the mental health and wellbeing industry, with qualifications in both direct care, and management in community and sub-acute mental health settings. Tim has experience with clients who have severe and enduring mental health concerns and associated behaviour.



Where is it offered and what is the duration?

Tim is based in Dubbo but he is able to travel to deliver this workshop. The course runs for three hours.

More information



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