



WARATAH Health Linker

The Wellness and Resilience Achieved Through Allied Health (WARATAH) program aims to increase access to allied health services and improve the overall health and wellbeing of people at risk or vulnerable in the community.

In addition to this service, our professionally trained WARATAH Health Linker works alongside allied health professionals and GPs to provide support to people with complex needs impacting their ability to meet their healthcare goals.

How can our WARATAH Health Linker support people?

Our goal is to support people to live the life they want. We can:

- Work with patients to develop a plan that identifies healthcare goals
- Link patients to health services to achieve best outcomes
- Provide health coaching to improve self-care, resilience, and self-confidence
- Support broader social and health needs, including money management, employment, social skill development, accommodation and tenancy, drug and alcohol support, exercise, and social engagement

Who is eligible

Any patient eligible for the WARATAH program is also eligible for support from our Health Linker.

If you think your patient could benefit from this service, they can be referred simply by indicating 'Health Linker support' required on the WARATAH referral form, or at any time through their occasion of service with an Allied Health Professional.

More information

 **1300 402 585**  **waratah@marathonhealth.com.au**

 **marathonhealth.com.au/waratah**

Marathon Health is a not-for-profit, registered charity delivering high quality health and wellbeing services to people wherever they choose to live. This service is supported by funding from Murrumbidgee Primary Health Network through the Australian Government's PHN Program.

