

NDIS Grab and GO

After hours Crisis Referral Service

The Grab and Go is your starting point for information sharing during a disability related crisis – designed to support inter-sector communication and collaboration.

It's our aim to make information sharing easier, connecting crisis respondents (hospital, police etc) to the people/organisations (family, support organisations etc) who can help in a disability related crisis.

Why is there limited information?

The Grab and Go is designed to be the starting point for information sharing, it hasn't been designed to replace a hospital passport. It's intentionally limited, providing quick information to crisis respondents.

How to use the Grab and Go:

1. Open the file
2. Fill in the blue fields with your specific information (some examples are noted on the page)
3. Print off the page
4. Cut and fold along the marked lines
5. Keep in the participant's wallet or another place that the participant is likely to take out into the community eg lanyard case

Who can use the Grab and Go?

This resource is for NDIS participants.

Who updates the Grab and Go?

The responsibility of who can update a Grab and Go should be discussed within a support team and the participant

As a crisis responder you can prompt a participant to present their Grab and Go when they need help.

More information



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Marathon Health pays respect to the traditional custodians of the land we stand upon.

This seal represents our commitment to working with our communities for a better future for all.

Marathon Health is a not-for-profit, registered charity delivering high quality health and wellbeing services to people wherever they choose to live.

