



# Positive Behaviour Support (PBS)

## Career opportunities

**PBS is a person-centred framework designed to provide support for people with disability when there is, or a risk of, challenging behaviour.**

The PBS framework recognises that challenging behaviour occurs for a reason, and through communication and understanding of a person's stress, distress and skills development, those behaviours can be understood and worked through.

### What support do PBS practitioners provide?

Working with people, their families and care network, practitioners start by understanding what contributes to the behaviour, and then develop a Behaviour Support Plan. This plan ensures consistency in delivery of support, teaches new skills, and outlines changes to the environment to help prevent concerning behaviour and improve quality of life.

Behaviour Support Plans may cover:

- Ways to improve communication and social skills
- Changes to environment to reduce challenges
- Stress and anger management

### How do I become a PBS practitioner?

You don't need specific qualifications to become a PBS practitioner, but you will need to be registered with the NDIS Quality and Safeguards Commission and determined to be suitable to undertake PBS work.

Registration includes a self-assessment against the NDIS PBS Capability Framework and an endorsement from your employer that you meet the minimum capability requirements, which includes theoretical knowledge and practical skills, or are developing in those areas.

We can support you to develop the skills needed to become registered and provide on-the-job training for new practitioners.

Our work closely aligns with psychology, social work, criminology, and other allied health qualifications – and our existing PBS team members come from a diverse background of degrees, training, and experiences.

**“PBS is all about trial and error. It's understanding that every person's needs are different, so as a practitioner, we must be problem solvers. We trial, test, and implement strategies so participants can be the best version of themselves.”**

Josh McPhee, Team Lead – Southern Positive Behaviour Support

### More information



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