

Position Description

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| Position Title: | Mental Health Clinician - headspace Lithgow |
| Classification: | Stream D - Direct Service Delivery, Band 2 |

Purpose of the Role

headspace provides a range of early intervention services for young people aged 12 to 25 years. headspace can help young people with mental health, physical health (including sexual health) alcohol and other drug services, and work and study support.

The Mental Health Clinician (MHC) will be responsible for comprehensive assessment, care coordination, and short-term delivery of mental health psychological interventions using a range of evidence-based approaches to young people aged 12-25 years. The MHC will work with the headspace Lithgow team, young people and their family, carers and friends to provide therapeutic family-inclusive services to people accessing the headspace Centre.

Key Relationships

The Mental Health Clinician will report directly to the Centre Manager and will be required to work collaboratively with other team members and visiting services within headspace and partner organisations. They will engage and work closely with the headspace Clinical Team Lead on a day-to-day basis who will oversee case planning and care provision. Clinical supervision will be provided as part of this role.

Position Responsibilities

Responsibilities for this position include, but are not limited to:

Service Delivery

- Undertake comprehensive psychosocial assessment of clients, including gathering relevant client background information, presenting issues and symptoms, precipitating factors, perpetuating factors, protective factors and risk.
- Work collaboratively with the young person to develop case formulations and individual treatment plans that are person-centred and feedback-informed with the young person central to their own care planning.
- Deliver therapeutic interventions for young people experiencing mental ill-health using a wide range of evidence-based approaches.
- Engage in key practices including Evidence Informed Practice and Family Inclusive Practice
- Be familiar with Alcohol and other Drug screening, harm reduction/psychoeducation and related brief interventions.
- Foster sociocultural inclusiveness, and youth participation in accordance with the headspace Model Integrity Framework and Marathon Health Cultural Safety Framework.
- Maintain high standards of required clinical record and data keeping, ensuring accurate and timely upload to electronic medical record system and hAPI, in accordance with legislation and Marathon Health's policies.
- Work within agreed scope of practice for this position and escalate appropriately to the Clinical Team Lead or other appropriate team member as necessary.

Quality and Safety

- Contribute to continuous quality improvement activities within the Marathon Health and headspace quality assurance frameworks.
- Promote workplace safety by attending orientation and refresher training in relation to WHS policies and procedures, assist with regular safety audits; ensure all incidents/accidents are recorded in line with policies.
- Comply with all legal, professional, financial, and employment obligations and adhere to Marathon Health policies and procedure.

Other Duties

- Demonstrate and uphold our values at all times.
- Attend/participate in out-of-hours meetings and functions as required.
- Participate in staff activities and processes.
- Actively participate in annual performance planning and review activities.
- Other duties as directed from time to time.

Essential Qualifications and Registration

- Psychologists who have full and current registration to practice with AHPRA or;
- Social Workers holding an approved Social Work Qualification (Bachelor/ Master of Social Work) and who have both the following:
 - completed additional mental health specific training or endorsement in mental health
 - have met eligibility for membership with their Professional Body: Australian Association of Social Workers (AASW) or;
- Occupational therapists who have full and current professional registration to practice with AHPRA, and who have completed additional mental health specific training or have endorsement in mental health or;
- Division 1 Mental Health Nurses, who have completed additional training or who have relevant experience within mental health e.g., with post graduate qualifications in mental health nursing

Our Values

Staff are expected to demonstrate our **ICARE** values:

Integrity & Trust

Collaboration & Innovation

Achievement & Excellence

Respect & Empowerment

Empathy & Understanding

Special Job Requirements

1. National Police Check with a satisfactory outcome and Working With Children Check clearance for paid work
2. NDIS Worker Screening check, qualifications and professional registration as applicable to this role
3. Eligibility to work in Australia
4. Valid Australian Drivers Licence

Note:

This position description is not a duty statement; it is only intended to provide an outline of the key responsibilities of the position. Employees are expected to carry out any duties, within the scope of their ability, that are necessary to fulfil the position objectives.

It is expected that this position description will change over time due to the nature of Marathon Health activities. A flexible attitude to change is expected of staff. Any proposed changes will be discussed with you.

I, the undersigned, agree to be employed under the terms and conditions as detailed in this position description.

Signed _____

Date _____

Print Name _____