

Position Description

Position Title:	Mental Health Clinician, headspace Outreach Program (hOP)
Classification:	Stream D - Direct Service Delivery, Band 2

Purpose of the Role

headspace is an evidence-based early intervention mental health and wellbeing service for young people aged 12-25 years. The headspace Outreach Project (HOP) is connected to headspace Dubbo and is a holistic, culturally safe headspace outreach service model for young people living across rural and remote communities in Western NSW.

The position will be responsible for delivering clinically and culturally safe mental health assessment, formulation and intervention using a range of evidence-based approaches to young people aged 12-25 engaged with the headspace Outreach Program (HOP).

Key Relationships

The Mental Health Clinician reports to the headspace Dubbo Clinical Lead and will have close and collaborative working relationships with the Group Manager, Youth Mental Health and other HOP staff including the remotely located Aboriginal Youth Wellbeing Workers, HOP Program Manager, HOP Operational Team Lead, First Nations Cultural Mentor and Marathon Health's Aboriginal Cultural Capability Lead.

Clinical Supervision will be provided by the Marathon Health Senior Clinical Team.

The Mental Health Clinician will be required to establish and maintain effective and culturally sensitive working relationships with youth, their families, partner organisations and other relevant external services and stakeholders within the community, including the HOP Cultural and Youth Advisory Groups.

Position Responsibilities

Responsibilities for this position include, but are not limited to:

Service Delivery

- Undertake comprehensive assessment of clients, including client background, problem behaviours, presenting symptoms, precipitating factors, perpetuating factors, and protective factors.
- Assessment using interviewing, assessment, administration, and interpretation of psychological test measures.
- Develop treatment plans to implement appropriate intervention strategies.
- Intervention using a range of evidence-based approaches for individuals, families, and groups.
- Work collaboratively with the client to develop individual recovery plans and/or service plans that are person-centred and feedback led with the young person central to their own care planning.
- Deliver mental health services that are adapted to meet the needs of local identified communities including First Nations and Culturally and Linguistically Diverse communities.

- Provision of care to young people and family in line with SEWB principles.
- Work collaboratively to actively engage Aboriginal and Torres Strait Islander people in appropriate youth, health and related services.
- Support key practices including Family Inclusive Practice, and Evidence Informed Practice.
- Maintain a good understanding of sociocultural inclusiveness, and strategies to promote youth participation across the headspace service in accordance with relevant guidance documents including the Cultural Safety Framework and the Diversity Inclusion Statement.
- Work within the agreed scope of practice for this position and escalate appropriately to the Clinical Lead or other appropriate team member as necessary.
- Maintain high standards of clinical record and data keeping.

Other Duties

- Demonstrate and uphold our values at all times.
- Comply with the Work Health and Safety policies and procedures at all times.
- Undertake continuing professional development as required to ensure job skills remain current.
- Attend/participate in out-of-hours meetings and functions as required.
- Participate in staff activities and processes.
- Identify and participate in continuous quality improvement opportunities.
- Actively participate in annual performance planning and review activities.
- Maintain a working knowledge of all equipment used in the office.
- Other duties as directed from time to time.

Our Values

Staff are expected to demonstrate our **ICARE** values:

Integrity & Trust
Collaboration & Innovation
Achievement & Excellence
Respect & Empowerment
Empathy & Understanding

Special Job Requirements

1. National Police Check with a satisfactory outcome and Working With Children Check clearance for paid work
2. Qualifications and professional registration as applicable to this role
3. Eligibility to work in Australia
4. Valid Australian Drivers License

Note:

This position description is not a duty statement; it is only intended to provide an outline of the key responsibilities of the position. Employees are expected to carry out any duties, within the scope of their ability, that are necessary to fulfil the position objectives.

It is expected that this position description will change over time due to the nature of Marathon Health activities. A flexible attitude to change is expected of staff. Any proposed changes will be discussed with you.

I, the undersigned, agree to be employed under the terms and conditions as detailed in this position description.

Signed _____

Date _____

Print Name _____

Selection Criteria

Essential

- Possession of tertiary qualifications in Psychology, Social Work or other allied health discipline recognised by the tertiary mental health services sector.
- Current registration with the Australian Health Practitioner Regulation Authority (AHPRA) or current full membership with the Australian Association of Social Workers (AASW)
- Demonstrated experience and advanced level clinical skills in a range of mental health service settings.
- Experience working with Aboriginal and/or Torres Strait Islander people and communities and the provision of culturally safe services.
- Knowledge and experience in the assessment and delivery of a range of treatments relevant for people with a mental illness (e.g. CBT, ACT, or IPT).
- Excellent organisational and time management skills
- Highly developed verbal and written communication skills and the ability to tailor work with a diverse range of people.
- Have a high degree of computer literacy, including demonstrated experience with report writing and electronic client information management systems.
- Excellent skills in engaging and working with clients, including those from diverse backgrounds
- Valid Australian Driver's License and a willingness to travel across the ten headspace Outreach Project catchment communities as outlined above. A fleet car will be provided for travel.

Desirable

- Understanding of the Australian health care system, key issues in primary health care, the mental health service system, including the range of professionals that work within, or come into contact with, the mental health sector.
- Knowledge and understanding of relevant legislation, policies and strategic directions of mental health services for young people experiencing (or at risk of) a serious mental health issue.
- Experience in Alcohol and Other Drug screening and harm minimisation.
- Knowledge of local youth / health sectors.