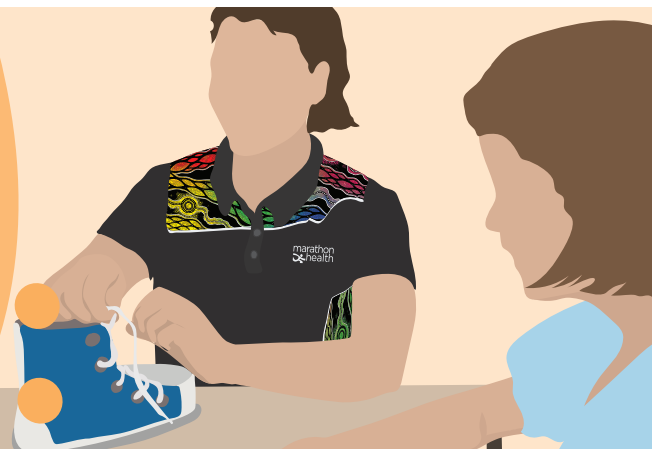


Making everyday tasks easier

Occupational therapy



Occupational therapy helps people do the things they need and want to do each day – at home, school, work and in the community.

Our therapists support you to build skills, confidence and independence.

Assessments and therapies at a glance:

- Functional capacity assessments
- Sensory assessments
- School transition support
- Support for daily living skills
- Fine and gross motor assessment and therapy
- Routines and behaviour support
- Education for families and care teams

Support is practical and based on your goals.

What you need to know:

- No GP referral needed
- Appointments tailored to individual needs
- NDIS funded and private (fee for service) options
- Outreach services available in rural areas



Find out more about occupational therapy and referral options

About Marathon Health

We believe everyone deserves to have access to quality healthcare – reducing barriers, supporting choice, and bringing care closer to home through flexible service delivery.

What makes us different?



Local team

We live here, we work here – we're part of the community



Quality care

Staff are supported to provide safe, evidence-based services focused on your individual needs



Outreach services

Support that meets you in your home or community



Culturally safe

Care that respects culture, community and what matters to you

More information

 1300 402 585  ndis@marathonhealth.com.au

 marathonhealth.com.au/occupational-therapy