

Position Description

Position Title:	Social and Emotional Wellbeing Youth Worker (Identified) headspace Cowra Aboriginal and Torres Strait Islander Identified Position
Classification:	Stream D - Direct Service Delivery, Band 1

Purpose of the Role

headspace is an evidence-based early intervention mental health and wellbeing service for young people aged 12-25 years. The Social and Emotional Wellbeing (SEWB) Youth Worker works collaboratively with the Centre to provide youth friendly and culturally informed service activities to young people (12-25 years) to help improve their mental health by supporting their physical, economic, social and emotional wellbeing.

Key Relationships

The SEWB Youth Worker reports to the Centre Manager, headspace and has connection and works collaboratively with all headspace Cowra Centre staff. These relationships will support sound and well-informed decision making regarding the ongoing cultural safety of engagement with young people accessing the service.

The SEWB Youth Worker will be required to establish and maintain effective and culturally sensitive working relationships with youth, their families, partner organisations and other relevant external services and stakeholders within the communities supported by the program.

Position Responsibilities

Responsibilities for this position include, but are not limited to:

Service Delivery:

- Development and planning of SEWB focused service delivery and activities:
 - to ensure the provision of care to young people and family in line with SEWB principles.
 - to ensure risk identification and clinical escalation where appropriate per established pathways.
 - to develop initiatives and strategies to assist clients with service navigation, connection and referrals to external service providers within the local community and/or via the headspace Cowra centre.
- Participate in service mapping and maintain awareness and knowledge of services available across the service footprint.
- Work within a multidisciplinary team environment and participate in intake meetings, case reviews and client discussions.
- In conjunction with headspace Cowra staff, participate in the active follow up of young people to ensure ongoing service engagement.
- Work collaboratively with young people, their family and other headspace Cowra staff to determine care or service needs and assist with the coordination of these as required.

- In conjunction with the Cultural Lead and Community Engagement Officer, undertake service awareness-raising and relationship building activities within the local community to develop rapport and engage with young people.
- Facilitate health promotion activities in the community and advocate on behalf of young people whose care needs are being coordinated by headspace Cowra.
- Document all interactions and episodes of care in an electronic client management system.
- Promote sociocultural inclusiveness, and youth participation across the service area in accordance with relevant guidance documents including the Cultural Safety Framework and the Diversity and Inclusion Policy.
- Participate in organisation wide team meetings, collaborative planning activities and quality assurance activities to ensure ongoing improvement of the service.
- Travel around Cowra and surrounding towns and to each of the serviced communities as required.

Other Duties

- Demonstrate and uphold our values at all times.
- Comply with the Work Health and Safety policies and procedures at all times.
- Undertake continuing professional development as required to ensure job skills remain current.
- Attend/participate in out-of-hours meetings and functions as required.
- Participate in staff activities and processes.
- Identify and participate in continuous quality improvement opportunities.
- Actively participate in annual performance planning and review activities.
- Where applicable, work in a 'Host Organisation' and follow the Host Organisation's workplace policy and procedure as outlined in the Service Level Agreement.
- Maintain a working knowledge of all equipment used in the office.
- Other duties as directed from time to time.

Our Values

Staff are expected to demonstrate our **ICARE** values:

Integrity & Trust

Collaboration & Innovation

Achievement & Excellence

Respect & Empowerment

Empathy & Understanding

Special Job Requirements

1. **This is an Identified position.** Marathon Health considers that being Aboriginal or a Torres Strait Islander is a genuine occupational requirement for this position under *s 42 of the Discrimination Act 1991 (ACT)*/ *s 14 of the Anti-Discrimination Act 1977 (NSW)*. Confirmation of Aboriginal and/or Torres Strait Heritage may be required.
2. National Police Check with a satisfactory outcome and Working With Children Check clearance for paid work
3. Qualifications and professional registration as applicable to this role
4. Eligibility to work in Australia
5. Valid Australian Drivers Licence

Note:

This position description is not a duty statement; it is only intended to provide an outline of the key responsibilities of the position. Employees are expected to carry out any duties, within the scope of their ability, that are necessary to fulfil the position objectives.

It is expected that this position description will change over time due to the nature of Marathon Health activities. A flexible attitude to change is expected of staff. Any proposed changes will be discussed with you.

I, the undersigned, agree to be employed under the terms and conditions as detailed in this position description.

Signed _____

Date _____

Print Name _____

Selection Criteria

Essential

- Identify as Aboriginal and/or Torres Strait Islander
- Vocational qualification in Mental Health, Primary Health, Community Services or related field.
- Significant past employment/experience providing social and emotional wellbeing programs and services, especially to First Nations people and/or communities.
- Good communication skills and ability to develop strong, effective and sustainable relationships with young people and key community stakeholders, including the ability to influence and negotiate.
- Problem solving and decision-making skills that demonstrate integrity and initiative.
- Excellent organisational and time management skills, with the ability to manage priorities and meet deadlines.
- Ability to learn a software package for electronic client records.
- Knowledge and experience using Microsoft Office Suite programs, including Teams, Word, Excel and Outlook.
- Ability to work both independently and collaboratively as a productive team member.
- Valid Australian Driver's Licence and a willingness to travel. A fleet car will be provided for travel.

Desirable

- Experience working with Aboriginal and/or Torres Strait Islander people and communities and the provision of culturally safe services.
- Experience in the Not for Profit and/or public health sector.